



# Saint Charles Senior Living Community

# Newsletter

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*A Place To Call Your Home*

*September & October 2013*

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## **Year of Faith**

As I write, Catholics around the globe are in the midst of celebrating a special “Year of Faith” to mark the 50<sup>th</sup> anniversary of the opening of the Second Vatican Council. During this time we have been invited to renew our own faith, and recommit ourselves to sharing it in today’s world. All of us at St. Charles continue to be full of faith, hope and confident assurance because of God’s many blessings. This **Year of Faith** began October 11, 2012 and will conclude on November 24, 2013,

The New Evangelization and the Year of Faith is a call to each Catholic to deepen his or her own faith, have confidence in the Gospel, and possess a willingness to share the Gospel. Hopefully it has been a fruitful year in the lives of many people.

## **September Days**

Some of the first thoughts that rush into a person’s mind when the month of September is mentioned might be fall, autumn leaves, and Labor Day. And for good reason as this month is kicked off with the celebration of Labor Day on September 2nd. But it’s not the only special day that this month brings.

In 1978, President Carter decided that the first Sunday after Labor Day should commemorate a special group of people, so National Grandparents Day was declared. This year, it falls on September 8th. It can be a time to share family history, family stories, and the wealth of knowledge that older people have.

Patriot Day occurs on September 11<sup>th</sup> of each year, designated in memory of the **2,977** killed in the September 11, 2001 terrorist attacks. The President asks Americans to observe a moment of silence at 8:46 A.M. (Eastern Daylight Time), the time the first plane struck the North Tower of the World Trade Center.

Another event that occurs in the middle of the month is the autumn equinox. This falls on September 22 this year. This is one day when there is a balance between daylight and night time – 12 hours each! It also begins the official season of Fall.

Johnny Appleseed Day commemorates his birth which was Sept. 26, 1774. He is a famous historical American figure, who’s most note able for his spread of apple trees throughout Ohio, Indiana and Illinois. He was well known and liked for his kindness and generosity.

**National Honey Month** is a celebratory and promotional event held annually during the month of September. Its purpose is to promote US beekeeping, the beekeeping industry and honey as a natural and beneficial sweetener.



**Happy Birthday to you!**

**September**

Fr. Jack Behen	09-04
Br. Adrian Barga	09-07
Pat Large	09-16
Fr. Robert Conway	09-19
Fr. Ralph Verdi	09-21
David Howard	09-30

**October**

Fr. James Miller	10-7
Fr. Pat Patterson	10-11
Fr. William Kramer	10-13
Myron Stachler	10-16
Fr. Ken Schroeder	10-21
Msgr. Vincent Lengerich	10-29
Fr. Daniel Raible	10-31

**We warmly welcome. . .**

- Fr. Tom Albers
- Liz Schindler
- Anne Meyer
- Fr. Ron Schiml
- Fr. Pat Patterson
- Fr. Joe Hinders

**Sadly missed...**

Joe Meiring who died Aug. 1st.

**Women’s Conference**

This annual event will be held at St. Charles on Saturday, September 21. The day will begin at 8:00 a.m. with Rosary and 8:30 Mass. The featured speaker is Dr. Sobecks, author of the book, “Divine Mercy – Triumph Over Cancer”. Mr. John Wood will also be sharing his new program on becoming a saint. Cost for the event is \$20.00 and includes lunch. To register , call Rene Klosterman at 419-678-4700, or Ginny Gehret at 419-942-2473.

**Men’s Conference**

This event, with the title, “Men Defending the Faith” will be held at St. Charles on Saturday, October 26 & Sunday, Oct. 27. Additional information will follow at a later date.

**Sept. 8-14 -International Housekeepers Week**

Since 1981, IEHA has set aside one week per year for all to focus attention and recognition on the professional housekeepers working in facilities such as hospitals, colleges/schools, and many others who provide a cleaner, safer, healthier environment for us all each day. Many **thanks** to all our housekeepers for keeping our home so clean.

**Sat., Sept. 21, International Eat an Apple Day**

Eat an apple this day and help promote the beginning of fall with its vivid colors and crispness. This is held annually, the third Saturday in September.

**Thur., Sept. 26**

Donna Grube, the Director of the Convention and Visitors Bureau, will bring members of the Celina Chamber Leadership Group to see our wonderful place and learn of the good things we offer here. This is an annual visit and they stay about a half hour. Their arrival will be 2:30 or 3:00 p.m.

**Sunday to Sunday**

This is an opportunity to meet with others and reflect on the Scripture readings for the up-coming Sunday. The group will watch a Video presentation on the readings, then using discussion questions, share thoughts and insights. Liz Schindler has offered to facilitate these sessions. They will be each Wednesday, 10:00 a.m., in the Lounge on second floor. The first session was Wed., August 28. All are welcome. If you can not come each week, come when you can.

**Craft Room**

Some of our residents love to do crafts. The craft room is located on the Terrace Floor. As you walk down the hallway leading to St. Joseph Chapel, the craft room is on the right side. Some ladies want to make lap robes and thought the first one they would create should be donated to Merlini Hall. However, when I checked with Connie, the head nurse, she asked if the ladies would make large size bibs which could be used when feeding people. So, that will be a good project to work on. We have the material to make these. If you want to know more about this, talk with Pat Coan and/or Maurita Bergman.

The craft room is available for any resident to use. Some people like to sew, but also people who like to crochet, knit, etc. are welcome. Maybe some want to create paintings; they can use the craft room. Maybe some enjoy other crafts. Please feel free to use the space.

Pat Coan makes beautiful greeting cards. On the front cover she stitches a beautiful design. If anyone wants to see them or would like to learn how to make them, Pat is willing to teach people. Also, she makes wall hangings with beads. Just take a look at the one on her door.

### **Residents Laundry Room**

Some people have told me that it seems some improvements are necessary in the use of the Laundry Room. Sometimes people leave their wet, washed clothes in the washers much longer than necessary and therefore others can not use the machines. Or, sometimes dry clothes are left in the dryer for a long time. Or, sometimes the lint is not removed from the dryers.

So, just a reminder; when you do your laundry, be mindful of the fact that other people also need to use the room. Thank you!

### **Some changes in the Office**

Kathy Koesters, who works in the Front Office, is no longer working on Fridays.

Rebecca Evers, who worked in the Front Office on Saturdays, is no longer working here.

The office will be **closed** on Saturday except for the mail being sorted. No business on Sat.

Ninfa Muter, one of our residents, will sort the mail on Fridays. Dan Sudhoff & Br. Theophane will sort the mail on Saturdays. So, if you need to purchase stamps or need other kinds of service from the front office, you may want to do that earlier in the week if possible.

### **Kreuzweg - Bicycle Pilgrimage**

There will be a bicycle pilgrimage through the Land of the Cross-Tipped Churches. Three routes of 20, 36, and 45 miles will be offered. People who participate can enjoy biking through the lovely rural countryside and visiting the beautiful, historic churches. Some of the churches along each route will be open for comfort stops and touring. For more information see the pamphlet on the bulletin board, call 800-860-4726, or go to: <https://sites.google.com/site/kreuzwegpilgrim/home>

### **Tue., Oct. 8**

WCSM radio station will have its annual **Senior Show** at Romer's Catering Place in Celina. This will be the third year we will have a booth at that event. This is a great way to get information about St. Charles into the hands of many people. I'll need some volunteers to help me with this.

### **Sun., Oct. 13**

Br. Nick Renner, C.P.P.S. has received the 2013 Archbishop O'Hara Advocacy Award for Rural Ministry from the National Catholic Rural Life Conference (NCRLC). President Jim Enish of (NCRLC) will present the award to Br. Nick during a 2:00 p.m. ceremony here at St. Charles.

### **Wed., Oct. 16**

Patricia Bays Haroski had a great boss who was her dad. She wanted to honor him with his own holiday, and to celebrate the vision, leadership, and mentoring skills of great bosses everywhere. Due to her efforts, National Boss's Day was established on Oct.16, 1958.

### **Monday., Oct. 21**

The Feast of St. Gaspar del Bufalo, founder of the Missionaries of the Precious Blood is on this day. Plans for the Celebration are being made. More information will follow.

### **Companions**

of the Missionaries of the Precious Blood will have their annual retreat this fall. It will be held in the Kansas City Province Sat., **Oct. 19**, in Conception, MO and in the Cincinnati Province Sat., **Nov 8** at St. Charles. Fr. Jerry Stack, C.P.P.S. will lead these retreats.

## **Come, and Learn!**

There will be two presentations offered here and open to the Public.

1) **End of Life Issues** Tues., October 22, 7:00 p.m. in the Gaspar Room. This will be a panel presentation and discussion from four important aspects. Members of the panel are: Dr. John Naveau, Family Physician; Brian Hogenkamp, Funeral Home Director; Emily Gast-Schlater, Attorney at Law, and Fr. Al Naseman, C.PP.S. Director of Retreats and Missions.

2) **Understanding Dementia: Know the 10 Warning Signs** Tues., November. 12, 7:00 p.m. This program will cover the basics such as the 10 warning signs of Alzheimer's Disease and other dementias; the difference between normal aging and dementia; as well as, tips for brain health.

Presented by: Linda Rae Pollitz, who is a Licensed Social Worker. She has worked in various long term care facilities and has been working for over 10 years as the Program Director of the Alzheimer's Association, Northwest Ohio Chapter, in the Lima Regional Office.

Then enjoy delicious homemade cookies and coffee. Hope to see you there.  
Be sure to invite others to attend.

**Sun., Nov. 3** At 2:00 p.m., a panel discussion on Contraception will be held in the Gaspar Room. Four speakers are: Fr. Thomas J. Louya of the Tabor Life Institute; Joshua Danis of the Family and Respect Life Office; Steve Koob Director of One More Soul; and Scott & Shelly Hartings, Natural Family Planning witness couple. Sponsored by the Mercer County Right to Life Committee.

## **Are you looking for something to do in our area?**

**Sunday, Sept. 1** 6:30 p.m. Celina High School Band Concert, Lakeshore Park, Celina

**Sat., Sept. 14,** 12:00 to 3:00 p.m. Briarwood Village, 100 Don Dresch Dr., Coldwater will have its annual Briarfest. "Come have a Ball", complimentary lunch from 12:30 to 2:00 p.m., Talent show, Music, Games, etc. All attendees are encouraged to bring a school supply item or monetary donation to be contributed to the local schools.

## **Sun., Sept. 22**

The Maria Stein Shrine invites you to their **Heritage Club 2013**, an annual event to raise funds allocated for the daily operation of the Shrine. You can purchase a ticket and enjoy an afternoon at the Shrine. See the pamphlet on the bulletin board for more info.

## **Oct. 5-7, Oktoberfest**

Welcome to the 2013 **Minster Oktoberfest**, which draws over 80,000 people to the Village, emphasizes the community's rich German heritage .

Fri., Oct. 5, 6:00 p.m. - 12:00 p.m.

Sat., Oct. 6, 10:00 a.m. - 12:00 p.m.; 12:00 Noon, Opening Ceremony

Sun., Oct. 7, 9:30 a.m. - 8:00 p.m.; 2:00 Parade

For more information, go to [www.minsteroktoberfest](http://www.minsteroktoberfest)

## **Grateful!**

We are very grateful for each person at Saint Charles Senior Living Community. Also, many of our visitors and guests give us many favorable comments about this place. A special **Thank You** to each person!

## DIRECTORY

We started the process of developing a Directory for Saint Charles Senior Living Community. The idea surfaced from some of our residents and the Board of Directors decided that we should proceed with this project. At this time we have nearly everyone's picture, just need a few more. Also, we are collecting short bio's of each person. Still have some work to do with this. Then we need to combine pictures and information. Just know we continue to work on this.

## HOW SWEET IT IS!

Many of us like to warm up with a nice cup of hot tea sweetened with natural honey. The sweet, delicious treat made by bees has a long history of human consumption. Honey is composed of two main sugars – fructose and dextrose. These types of sugars do not need to be broken down by the digestive process, so honey is quickly absorbed into the bloodstream, giving the body a quick energy boost. Honey contains protein, vitamins and minerals, but no cholesterol, and has less than two percent sodium. Honey is a great way to sweeten up various foods and beverages, and can add a sweet touch to many recipes.



## Did you Know???

- Honey also contains natural antioxidant properties that can destroy biologically destructive chemical agents, which have been linked to many diseases including cancer. There are studies that show that dark-colored honeys, such as buckwheat, seem to contain more antioxidants than the light-colored varieties.
- Honey is a hygroscopic, which means when exposed to air, it naturally absorbs moisture. Honey's hygroscopic nature makes it an ideal ingredient in a lot of cosmetics, and helps keep the skin fresh and prevents drying.
- Honey can also be used as an antibacterial, and contains an enzyme that produces hydrogen peroxide. Honey can be used to treat wounds, scalds, cuts and abrasions.

## On a lighter side

A thief in Paris planned to steal some Paintings from the Louvre.

After careful planning, he got past security, stole the paintings and made it safely to his van. However, he was captured only two blocks away when his van ran out of gas.

When asked how he could mastermind such a crime and then make such an obvious error, he replied. "Monsieur, that is the reason I stole the paintings.

I had no **Monet**

To buy **Degas**

To make the **Van Gogh**

I'm sharing this with you because I have nothing **Toulouse**

See if you have **De Gaulle** to pass it on to someone.



May you have  
enough happiness to make you sweet,  
enough trials to make you strong,  
enough sorrow to keep you human and  
enough hope to make you happy.